EXAME NACIONAL DO ENSINO SECUNDÁRIO

12.º Ano de Escolaridade (Decreto-Lei n.º 286/89, de 29 de Agosto)

Cursos de Carácter Geral e Cursos Tecnológicos

Situações decorrentes da aplicação do n.º 7 do Desp. n.º 134/ME/92, de 1 de Setembro

Duração da prova: 90 min + 30 min de tolerância 1997

1.ª FASE

1.ª CHAMADA

PROVA ESCRITA DE INGLÊS

Material admitido: dicionários unilingues e bilingues.

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A. Recent surveys in Britain show that nearly one in five teenagers claims to be vegetarian.

Read the following article and TAKE NOTES under the headings in the table on the next page.

(The first note has been done for you).

Many young people are giving up meat for moral reasons. Appalled at the inhumane way animals are treated, they are swapping roast beef dinners for nutburgers and vegetarian lasagne in protest. Some people have taken their beliefs one step further and have become vegan. They don't eat anything that comes from animals - no eggs or dairy products (cheese, milk, butter) - and they don't wear leather.

Judith Levitt is 18, and gave up meat and fish after going to a summer camp when she was eleven. "We were sitting around talking about the value of human life and the leader asked us if we had the right to kill animals for food. When I thought about it, I realised no, we don't."

Judith actively campaigns to convert other people to vegetarianism. She is a member of the National Vegetarian Society and founded a local group called Animal Aid.

Many parents worry that their children won't receive the correct vitamins from a meat-free diet. Judith says her parents were no exception. "It caused a lot of rows in the beginning. First of all, they thought it was just a phase I was going through. Then they realised I was serious."

Vegetarians must be careful that they get the proteins found in meat from other sources, such as soya.

Increasingly, people are giving up meat for health reasons. Judith says "Vegetarians are less likely to get cancer or heart disease. That's probably because they eat less animal fat. Of course, there are some vegetarians who just eat chips and baked beans so they are as unhealthy as someone who eats sausages and fried fish every day."

In Current, June 1996 (abridged and adapted)

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reason why young people give up meat	B. "Current", a youth magazine, wanted anosser larom
Judith's age when she became vegetarian	
	Current: Judith, race meating you! I've heard you
person who influenced Judith's choice (of vegetarianism)	did you came to the idea?
3. groups to which Judith belongs	Ludith Well It was a long time ago. After conic to a
4. source of protein for vegetarians	
3. Read the text again, this time more careful	lly, and write the statements that tell the reader that:
Example: Deeply shocked by the cruelty towards	s animals
"Appalled at the inhumane way anima	
	ng de People should eat hidre regelables and 10
1 acts energetically to change people's at	titudes in favour of vegetarianism.
2 they expected it was merely a temporar	y fashion at the same of the page of the design of the same of the
	The straight of the specifical control of the straight of the
3 more and more people are abandoning	the habit of eating meat.
	And the second of the second o
C. Answer these questions using your own v	words.
1. How did Judith's parents react when she t	pecame a vegetarian?
2. What's the difference between a vegetaria	an and a vegan?
3 Are vegetarians necessarily healthier than	n people who eat meat and fish? Give your opinion.
	π
A. Complete the following sentences in su sentences printed above them.	uch a way that they have the same meaning as the
sentences printed above them.	choice of food
Example: They don't eat anything which comes	s from animals.
They eat <u>nothing</u> which comes from	animals.
Many young people are giving up meat for Meat	
	give up eating cheese and butter as well.
Some people give up eating eggs. They get some people give up eating not only	Judate Coders the meet

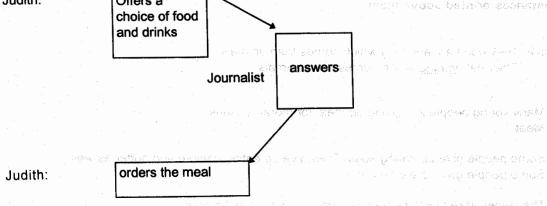
4. Judith is a member of the National Vegetarian Society. Her parents worry about her health.

Judith,...., is a member of the National Vegetarian Society.

V.S.F.F.

B. "Current", a youth magazine, wanted to know more about Judith. Complete the dialogue.

did vou	come to the idea?	sotorio inflibrio beonsellari onwi noeristi
		or regeterianism;
ludith: Well,it wa	s a long time ago. After	going to a summer camp I followed our leader's ideas.
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		you. In Britain many people die of heart diseases and o
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D. Choose ONE of the following	topics and write a composition	of about 60-80 words.

1. Is vegetarianism very popular among Portuguese teenagers? Write about Portuguese teenagers' eating habits.

Don't forget to mention:

- teenagers' attitudes towards traditional eating habits
- fast food
- teenagers' preferences
- 2. Do you like eating out? Do you often eat in restaurants? Write about an occasion you celebrated with a special meal in a restaurant.

Don't forget to mention:

actions (468)

- the occasion you were celebrating
- people you went with
- the atmosphere of the restaurant

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